

Domestic Violence:

'Getting Out Isn't That Easy'

By Beth Warner

Many people believe that women stay in violent relationships because they want to, but Patricia Lenaghan emphasized in her lecture "Violence" that the issue is more complicated.

Lenaghan's presentation was part of a Women's Health Conference, held Wednesday at Peter Kiewit Conference Center.

The conference was attended by about 45 women, mostly from Omaha. Most of the women were not involved in the health care profession, said Mary C. Petersen, director of continuing nursing education at the College of Nursing and a conference organizer.

It takes an average of seven attempts before a woman succeeds in leaving a violent relationship. Often women leave after the level of violence becomes extreme. Sometimes the woman thinks she will die if she remains in the relationship. Lenaghan said that women who get out of violent relationships must have a plan in order to get out. She also said that a woman must have self-esteem to do this.

Lenaghan said that many women stay in abusive relationships for many reasons. Often they stay out of fear. Women who have children sometimes stay because they worry that if they leave their children will be injured or taken away from them. Sometimes they stay for economic reasons. Some women lack the outside support, emotional and otherwise, to get out.

She also said women sometimes stay because of pressure from family. Women often forgive their abuser and often fantasize that he will change. She also said that women are often so exhausted from physical and emotional abuse that it is often difficult to make changes, and take steps to leave the relationship.

Lenaghan referred to eight F's that keep women in violent relationships: fear, finance, family, father, faith, forgiveness, fantasy and fatigue.

Lenaghan said that the abuse often starts with verbal and emotional abuse.

She compared a woman who is in an increasingly violent relationship to a lobster.



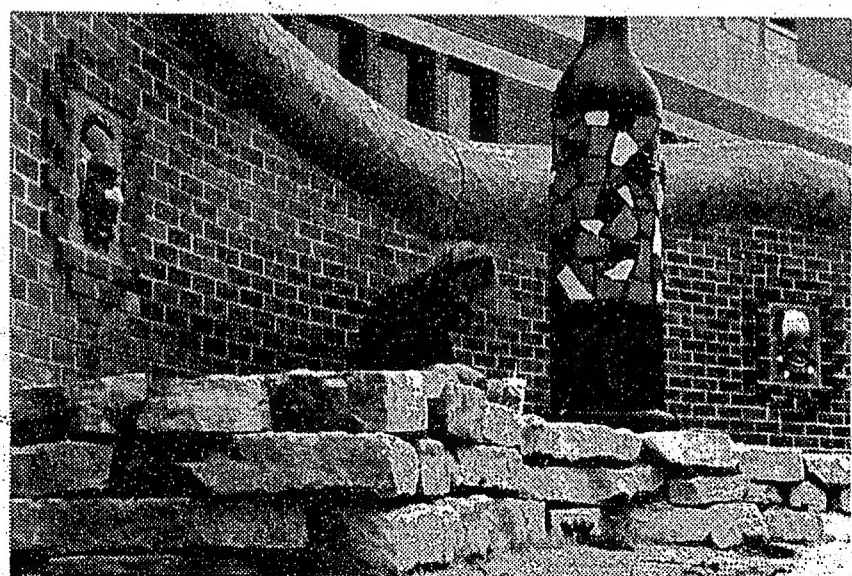
—Lydia Johnson

Patricia Lenaghan speaks on violence.

A lobster who is thrown into a pot of boiling water will immediately jump out, but a lobster who is put into a pot of cold water will stay in the water as the temperature gradually increases until the lobster boils to death.

Another common belief about women in violent relationships is that they do not want to talk. Lenaghan countered this myth by stating that women often are not asked if they are abused. She also said that women who do speak up often are not believed. She emphasized that it is important for doctors and nurses not to be afraid to ask when they suspect an injury may have resulted from abuse. Another myth Lenaghan addressed is the belief that men who abuse are "out of control" when they do so. One study, which monitored couples arguing, found that men who were the batterers actually had a lowered

•See Violence, page 12•



—Lydia Johnson

Erin Nissen, a senior in business marketing, studies in the "Castle of Perseverance," known to many students as the "Snake Pit."

Thefts, Voyeur Prompt Installation of Video Cameras in HPER Building

By Cami Stenglein-Reardon

Anyone visiting the Health, Physical Education and Recreation Building lately might have noticed a change in the building's security system. Security cameras have been installed for the user's safety, said Joe Kaminski, coordinator of campus recreation. The cameras are being installed in the east/west halls, first floor halls and the main entrance hall.

"It's not uncommon in a facility such as ours," Kaminski said.

The building has experienced incidents of theft in the men's locker room, and the women's locker room was the scene of a "peeping Tom" during the summer session.

The cameras are described as an effort to identify individuals in the facility at certain times to help deter thefts and to provide more safety for the users.

The cost is not being covered by student fees or by tuition.

"We would have to break down the entire budget to explain where the money is coming from," Kaminski said.

"It's unfortunate, at any time, to feel the need for such measures, but an effort is being made to place who is in and out of the building (when things occur.) Most likely it's just going to keep the honest people honest."



—S.R. Kemper

Omaha Communication System's Gary Neitzke installs video cameras in HPER on Wednesday.

Charles Swank, director of campus security, Mike Kult, HPER Building supervisor, and Stanley Schleifer, campus safety investigator were unavailable when contacted for comment.

Leadership Boat Set to Sail

By Brian Todd

A ship is about to sail from the Student Center, and Student Organizations and Leadership Development doesn't want anyone to miss the boat.

"Get On Board the S.O.L.D. LeaderShip" is the theme for this year's annual Fall Leadership Conference to be held from 8:30 a.m. to 3 p.m. on Saturday, Sept. 23 in the Student Center.

S.O.L.D. hopes that interested individuals will take part in challenging and innovating sessions, which will promote growth and awareness in tomorrow's leaders, said Tara Knudson, director of S.O.L.D.

The sessions are designed to help leaders understand their own place as well as the place of the members of their organization, Knudson said. However, S.O.L.D. organizers believe that the wide variety of

topics will mean there is something of interest for everyone wants to attend.

Since this year's conference is the first to be planned by students, Knudson hopes this fall conference will have a bit more to offer. "Because it's been planned by the students," Knudson said, "I think the sessions will be more attractive to the students."

A planning board of six students worked together to choose speakers and topics for the conference.

S.O.L.D. hopes that all interested students will attend, not just current leaders of campus organizations. Knudson said the conference has something to offer for everyone who aspires to leadership positions someday.

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INSIDE

Two full pages of editorials, cartoons and letters to the editor.
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Girl Scouts used UNO to discover the world of space and science.
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The Med Center takes cancer seriously.
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Sports:
— Lady's softball wins
— Lady's volleyball loses
— The Bull Pen is full of responses to Sparky.

Buzz:
— Looks at the new season of Fox dramas, "Beverly Hills" and "Melrose Place."
— Reviews the new Red Hot Chili Pepper album.

OPINIONS, EDITORIALS AND LETTERS

'Tuition Policies Are Unfair to Honest, Paying Students'

I, as a student, am sick and tired of being held at the mercy of this university's rigid and impersonal policies that, although designed to keep order, only alienate and frustrate the people this institution supposedly serves.

This realization comes from a horribly rude and insensitive experience I had earlier this week that makes me sympathize with all the students who find UNO too big for its britches.

I registered for the fall semester somewhat late because I never received that cherished fall BRUNO card. So when I did register I was informed that a statement would be mailed out to me on Aug. 28, and the first half of my tuition would be due Friday, Sept. 8. Even at the time, I didn't think a week and a half, with the Labor Day holiday in the middle, was much time. Plus, I had to send for my tuition some thousand miles away, and we all know the speed of the U.S. (snail) mail.

So I impatiently awaited for my statement to arrive in the mail, but it didn't grace my mailbox until Tuesday, Sept. 5., giving me

only three days to come up with the money. I didn't think that UNO would send Uncle Vinnie to break my legs if I was a day or two late with the payment; I just expected a nice late fee.

When my tuition money, arrived on Monday, Sept. 11, I promptly deposited it, wrote a personal check to UNO and marched down to the Epley Administration Building.

The Cashiering Office pushed me off to a poor lady in Student Accounts. I don't blame her, she was just doing the university's dirty work. She informed me that since I did not pay the money on Friday, I could not pay now. The university began disenrolling me at 8 a.m. Monday morning. Furthermore, my instructors would be notified that I was technically not supposed to attend classes.

However, I did have a plan of recourse. She said the Registrar would be sending me a letter stating that I had been disenrolled due to my failure to pay. But the letter would contain directions on how to stop the process and reinstate myself. For a price, of course. It will cost me \$10 to fix this whole mess. Not to mention the time, aggravation and stress I have endured.

What I am most pissed off about, is that for all the money we spend at this university, we are given absolutely no consideration for circumstances. Although I agree policies are necessary, even my Visa card gives me a 10-day grace period. They charge me a late fee but would never cancel my card for being one day late.

But maybe that's where the difference is.

Visa knows its business relies on its customer service. The university knows it has a captive audience, and so it doesn't have to deal with us as customers but as people who will do anything not to pay our tuition. Every explanation is an excuse with no merit. And it means nothing to the university. And for a university that has seen dropping enrollment rates for two years, you'd think it would do everything in its power to keep us happy. But that obviously isn't the case.

I could understand this more if I came in wanting an extension I did not deserve. But I had the damn check, for my entire tuition, in my hand ready to pay.

I was even more thoroughly impressed with the efficiency that I was disenrolled, taking less than one business day. Most students know that getting anything taken care of through the university can take anywhere from five business days to weeks.

It's time for the university to realize that without the student body, they'd be out of business and fighting with the rest of us for telemarketing jobs or french fry manager jobs at McDonalds.

Veronica Burgher Staff Editorial

'One Bad Apple Doesn't Always Spoil the Barrel'

The recent uproar over militias in America, sparked by the bombing in Oklahoma City, has stirred within this nation's people many questions that have no answers. "What has become of this nation?" they say. "Where are the values that we used to live by?" You read it in the paper and see it on the news. Death and pestilence reign. Armed men with horrific agendas seem to be popping up everywhere, and, as is the case with the infamous Unabomber, there's nothing we can do to stop it.

That is, of course, unless you happen to be a member of the U. S. Congress. Then and only then do you have the real power necessary to make changes. These changes could come about by way of laws, designed to scrutinize and possibly restrict certain forms of public assembly.

But in order for Congress to enact such laws, it must first stir within the people a feeling of insecurity. A feeling that at any moment, their lives could not only be disrupted, but taken away from them by such men as those accused of the Oklahoma City bombing.

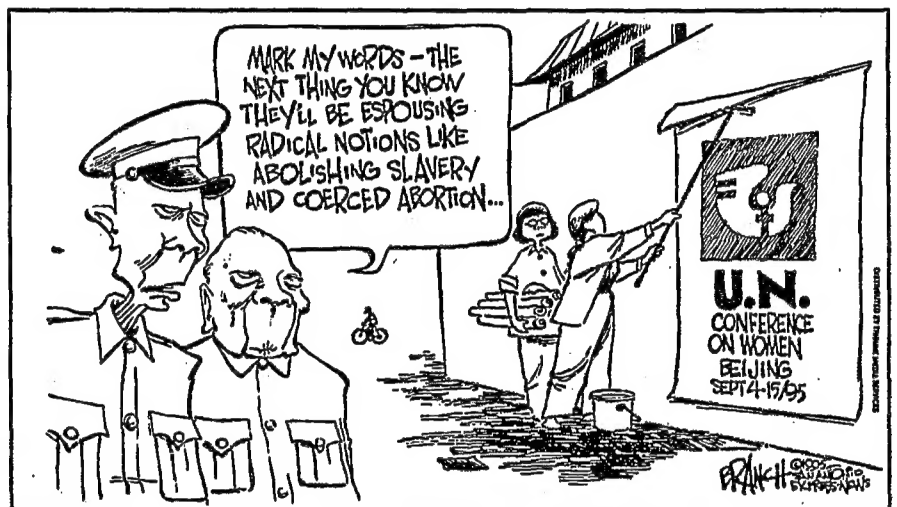
And so this is exactly what they have done. They, our duly elected representatives, with help from the media, have whipped this country into a frenzy. Unfortunately, at the crux of this frenzy is the issue of the militia.

Think about it. Before that bomb went off last April, had you ever heard of militias?

And if so, were you frightened of them? Did you ever say to yourself, "These militias are out of control. We need to stop them." I doubt it. You've got other things to worry about, and a bunch of middle-aged guys playing mock war games on the outskirts of town probably isn't or ever was on the top of your list. Because most militia members are, if not the friendliest people in the world, at least not your every day wackos who take pleasure in plotting to overthrow the government. They mostly take their pleasure in guns and in shooting them at targets for practice.

It's when a small majority of these militia members decide that Uncle Sam has gone too far and that they must put an end to democratic government as we know it that the trouble begins. It's like when a representative of the government gets caught, say, cheating on his or her taxes, that we as a people begin to view all representatives of government as thieves at heart.

But this is simply not true. Timothy McVeigh, the alleged culprit and mastermind of the bombing, is not the epitome of what the militia stands for. He is, at best, if truly guilty, one very sick individual who with the help of a few others, built and deto-



nated one of the deadliest bombs ever used on American soil. Does this, however, mean that all men and women involved in militias should be suspected of atrocities committed against mankind? No, it doesn't.

What it means is that the one bad apple in the bushel has spoiled it for all the others. For the next few years, we can expect to see or hear of FBI, CIA and ATF investigations into militias, which will undoubtedly uncover a few more bad apples; while at the same time exposing many innocent people to undeserved public scrutiny.

Admittedly, though, at first I saw nothing wrong with such investigations. After all, what harm could they do. If your everyday militia group operating out there has nothing to hide, then why would they care who looks

into their files. Well, in answer to this question, I'd have to say it would probably be the members themselves who would care. They'd most likely sight the Constitution and all its amendments guaranteeing, among other things, each and every individual's right to privacy.

Remember the Red Scare and Sen. Joseph McCarthy? Remember how for a few years back then most everybody involved in most every kind of group was looked into? A lot of lives were ruined. Jobs were lost. Families were broken up. Could the same kind of thing be happening now? Who knows. But one thing's for sure. If the government keeps looking into ways of restricting our freedom of privacy, then the question must be asked. What next?

Eric Harms

Correction

In Tuesday's issue of the Gateway, the last line of "UNO Food Service Saved From Chopping Block," was inadvertently cut off. It should have read: "Chancellor Del Weber said in a phone interview that he believes food services is operating in the red, due in part to the remodeling and in part to keeping food prices low."

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OPINIONS, EDITORIALS AND LETTERS

'Importance of Reducing Deficit'

Dear Editor,

This week President Clinton and liberals within his party have launched an all-out assault on House Republicans for the modest changes they have proposed to the Federal Student Loan Program.

As a concerned student and young American who has studied the proposed changes and their ramifications, I am surprised at the misinformation being spread on this issue by the president and opponents of a balanced budget. The Republican plan will not eliminate Pell grants as the administration would like us to believe. In fact, the maximum Pell grants awarded will actually increase next year to \$2,440 per student, the highest level in the history of the program. The reforms sought by Republicans will make more aid available to more students at a lower cost to taxpayers. By contrast, President Clinton's Direct Student Loan Program will cost the taxpayers \$1.5 million in losses over the next seven years, and is it so flawed that even members of the president's own party have said that it will take assistance away from other vital student programs. These attacks are nothing but a smoke screen of demagoguery from behind which President Clinton can ignore the real problem of our enormous national debt.

If the GOP was really taking away my opportunity for a post-secondary education, you had better believe that I would fight them on it. I want to experience the same American dream that my grandparents did. I have found absolutely nothing in the Republican Plan, which represents a threat to students' future. Instead, its goal of balancing the budget represents an even greater hope for our future. Let's face reality here. If we don't balance the budget, in two years we will spend more in interest payments to the national debt than we will on our national defense. If we don't balance the budget, a child born in America today will pay \$187,150 over his or her lifetime just for his or her share of the national debt. Finally, if we don't balance the budget, a child today by the time he or she reaches high school graduation will live in an America where every dollar paid in taxes is needed just to pay for entitlement programs and interest on the debt. That means no money for student loans, roads, national defense, school lunches and countless other programs.

However, if we balance our budget now, we can prevent these things from becoming a reality. In addition, Federal Reserve Chairman Alan Greenspan has said that if Congress passes a balanced budget, interest rates will fall by at least 2 percent. This will save Americans billions of dollars a year on home mortgages, car loans and yes, student loans.

Students, wake up. We're being lied to. Let's support efforts to balance the budget so that we can have a shot at living the American Dream.

Justin Peterson
UNO Student President/Regent

'Remember Nelson's Broken Pledge'

Dear Editor,

Pledge—a solemn (repeatsolemn) promise to do or not do something. Gov. Nelson signed a pledge to serve out his term as governor if elected. In other words, he gave his word. Now he claims all bets are off. He doesn't have to keep his word. Things are different, he says. Nothing is different, Gov. Nelson. Your word is your word. By breaking your pledge, you have shown that you are not a man of your word. It shows that you are a true Clinton Democrat because, after all, "character doesn't matter" with Clintonites. I hope the people who voted to put you in office "remember in November." I certainly will not forget.

Stuart M. Posner
Otoe, Neb.

'Editor's Concern for Bible Too Late'

Dear Editor,

Your concern for Biblical accuracy is touching, however, it is numerous centuries too late. After all, what is the "King James version" except a 15th century politically correct rewrite of scripture?

If you're really concerned with the Bible's word-for-word interpretation, you'd need to get your hands on the earliest writings (I believe that's still the dead sea scrolls, but I could be wrong) and read them for yourself. Of course, you'd have to learn archaic Hebrew and Greek and maybe even Latin. Even then, you couldn't be sure that the copyist didn't leave out something he'd found "offensive" like holy women or female disciples. And if you're concerned at all with the Old Testament, then you're really out of luck since the earliest books (e.g. Genesis) were passed down as an oral tradition long before a written language existed. If you're familiar with what can happen to a rumor in the space of an hour or two, I'm sure you can imagine what could have happened since the beginning of time, even with the word of God.

So don't worry about it so much, God's word will make it through.

Junesse Farley
UNO staff member

'Rather Than Complain, Pick Your Brain and Find Something to Do'

The weekend is coming and I am driving out of UNO's spacious parking facilities thinking two days of no books, lectures or studying, only to come to a grinding halt at the four-way stop sign screaming: "This is Omaha, there's never anything to do."

I realized a few Fridays ago, when I was sitting at my friend's apartment, that our weekend routine was tiring and boring. After countless hours of complaining how there is never anything to do except go to movies, hang out at Village Inn or gather at someone's apartment, we came up with the bright idea of driving around and maybe coming across a party. In fear of getting a ticket for cruising, we piled into my friends car and drove around residential areas. This was my big kick in the head to find something else to amuse my boring life. We ended up back at the apartment 30 minutes later.

Movies are a close second to gathering at a friend's apartment. I have become accustomed to going to the \$1.50 movies on L Street, which suits my boyfriend's tight budget. There was a point when I had seen every movie on the marquee up until recently. My boyfriend and I were engulfed in a movie when an innocent mouse decided it was hungry and climbed into my popcorn box. At first, I thought my chair was squeaking, but as I sat still, I heard the mouse scratching and making noise under my seat. I was then forced to share a seat with my boyfriend for the rest of the movie.

Hanging out at "TV" is the third activity I do the most. I did not think it was so bad until it got to the point that our waitress knew all our orders, names and how much of a tip we left her each night we came. I decided to put on my thinking cap, it was time to brainstorm for new fun and interesting things for UNO students under the age of 21 to do in this boring town.

Have you ever thought about going roller-skating or ice-skating. It sounds a little seventh-gradish, but putting on a pair of roller skates may have all the seventh-graders looking up at you and thinking, "Wow roller skating must be cool if college kids do it."

Just think what it would do for the roller-skating industry. They even have Laser Tag at the remodeled roller rinks around town and disco fever nights. The Old Market is a place that is great day and night. Even though the parking situation sucks, there are many wonderful things to do such as hang out in a smoky coffeehouse and listen to poetry, check out some abstract art, buy some goofy gifts or dine in many of the fine restaurants, if you don't mind a little extra protein (if you know what I mean). For those energetic souls, riding one of those funny four-seater bikes or walking a few laps can help lose last year's Thanksgiving dinner.

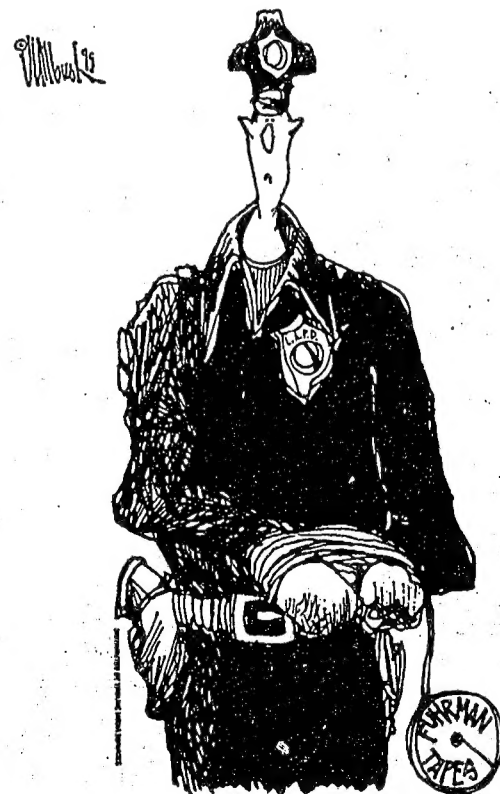
Many different types and cultures of people line Howard Street at night, sitting on merchants' steps or rails watching the guy do tricks with his pet monkey. Cars stroll down Howard Street just as if it was

a meat market. Plenty of law enforcement on cycles make their rounds as a patrol car sits parked by the horse carriages. For the party types, around 1 a.m. the Old Market turns into a mild form of Mardi Gras.

Bowling is another idea people in Omaha never think of doing. I used to think it was something old people such as my mom and grandma did to pass time. Set your prejudices behind; bowling is now a hip way to hang out with friends. If you think those red, white and blue funny-looking bowling shoes are a fashion statement, go ahead and take a pair, but are they really worth losing your best pair of Doc Martens? After a little bowling, how about a game of darts, pool or miniature golf to make your night complete.

I hope now that the average UNO student, and my friends, see Omaha as a town like any other town with plenty of ways to keep busy. Who says being under 21 is boring? Finding ways to have fun is better than sitting at a friend's apartment complaining how there is never anything to do in this town. Even sitting somewhere playing a board game is better than complaining. Go out this weekend and try something new and who knows, maybe you'll like it.

Shannon
Hoffman



Did Something Written in the Gateway Tick You Off?

Send a letter to the Editor.

The Gateway, Annex 26, UNO, Omaha, NE, 68127 or email:
editor@gateway-news.unomaha.edu

Girl Scout Camp Encourages Women to Aim High

By Beth Warner

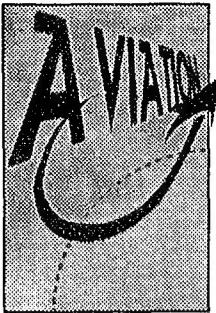
More than 60 Girl Scouts shot off their own rockets at an Aerospace Badge Camp this summer at UNO.

The girls built their own rockets out of kits and in doing so learned a basic law of physics — that for every action there is an equal and opposite reaction, said April Whitten, graduate teaching assistant in the department of geography and geology in a phone interview Wednesday.

The rockets were built out of kits sent from NASA and were launched from the area of UNO used for "Art on the Green." The rockets were a very simple design using only one wire that attached to a launching pad. Teachers involved with the camp built the launching pad. A push of a button launched the rockets into space, said Patty Kimberling, an environmental science major and a student worker at the UNO planetarium.

Whitten said the goals of the camp were for the girls to learn more about science and aviation, to learn about career opportunities in the sciences, to learn about the importance of continuing education in math and science, and to earn their aerospace badges.

The girls, ranging in age from 9 to 12, spent two days exploring the "Endless Horizons" of aviation and aerospace.



Girl Scouts examine a propeller during the Aerospace Badge Camp held at UNO this summer. The girls also visited the Mallory Kountze Planetarium and the Aviation Institute.

The girls were divided into two groups, each group spent one day on the UNO campus and one day visiting the SAC Museum and the Aviation Institute's Flight Center.

One important goal of the camp was for the girls to learn about career opportunities in aviation and other sciences.

The girls learned about opportunities that are open for women in the sciences. They watched a video in which women employed at NASA were interviewed about their jobs. Whitten said the girls learned that women

have a place in the sciences and at NASA. Women employed at NASA represented all levels; from engineers to clerical workers, to women who are receiving Ph.D's.

In one activity, the girls were given pictures of astronauts with short biographies written on the back. Whitten cited Sally Ride as an example. Ride had a bachelor's degree, a master's and a Ph.D. Whitten said the girls learned that "education is the key to opening dreams."

Whitten also said there are more men in the sciences than women but that women

are catching up.

The camp helped show the girls what courses they need to prepare for college. She said that it's important to take plenty of math and science and not be afraid to take classes that are challenging. Students who don't may come to college "math and science deficient."

Jeff Peake, associate professor of geography and geology, said that the goal of the camp was to teach/learn about aerospace activities and careers. He said that "many young women start out thinking about it (careers in the sciences), but as they grow older they seem to draw away from it."

The girls also watched a planetarium show, visited the SAC museum and learned about the history of aviation.

In a visit to UNO's Aviation Institute Flight Center, the girls learned about the controls of an airplane by sitting in a flight simulator, and they got to sit in the cockpit of an airplane.

The scouts earned aerospace badges for attending the camp.

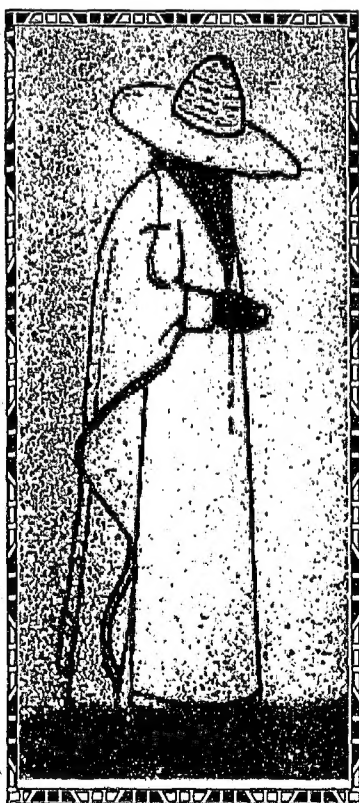
This is the first year that an aerospace badge camp has been held at UNO.

The camp was sponsored by UNO's Aviation Institute, NASA's Nebraska Space Grant Consortium, NASA's Teacher Resource Center, Mallory Kountze Planetarium, and the UNO physics and geology-geography department.

Another aerospace camp is planned for next August.

Peake said they were a good group, they seemed interested and seemed to learn.

"It was a lot of fun, I think the girls enjoyed themselves," Peake said.



"Malian Man" designed by Former Peace Corps Volunteer, Bonnie Carlson, Lithuania 1992-1994

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INFORMATION TABLE

September 18-19, 9 am - 3 pm, Milo Bail Student Center

FILM PRESENTATION

October 11, 3 pm, Milo Bail Student Center

CAREER FAIR

October 11, 10 am - 2 pm, UNO Field House

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Med Center's Mini-Medical School Looks to Simplify Cancer for the Public

By Christine M. Vargas

With all the recent medical breakthroughs and technological advances in medicine, many people find themselves needing a medical degree just to be able to understand recent developments. The University of Nebraska Medical Center's Mini-Medical School aims to change things.

The Med Center Mini-Medical School is offering a free six-week course on cancer. This community medical school is structured to help people learn more about and understand cancer.

With so much information on cancer, reading and learning about cancer can seem endless to most people. Many questions about cancer range from: "Am I at risk?" "Is cancer genetic?" "Are there new treatments being used?" and "How research?"

The program's main goal is to simplify cancer and to educate the public on this disease in six weeks.

This is the first time the Med Center has offered this kind of program to the general public. The Med Center decided to offer the Mini-Medical School program because of the positive responses other universities received after offering similar programs.

Other campuses have held programs on various types of diseases, but the Med Center

chose cancer as the topic of its first Mini-Medical School.

Cancer was chosen because the Med Center is one of the top 25 cancer treatment

cancer as a topic is because cancer affects many people and touches almost every person in the United States today.

"Most of us know someone who has

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Cancer is a major focus of UNMC's medical efforts.

”

—Jennifer Kock, marketing specialist at the Med Center

centers in the country. In addition, the Med Center's Eppley Cancer Center is also a National Cancer Institute-designated cancer center and founding member of the National Comprehensive Cancer Network.

"Cancer is a major focus of UNMC's medical efforts," Jennifer Kock, marketing specialist at the Med Center, said.

Another reason the Med Center chose

been affected by cancer," Kock said. "This program is a great service we can offer the community at no cost."

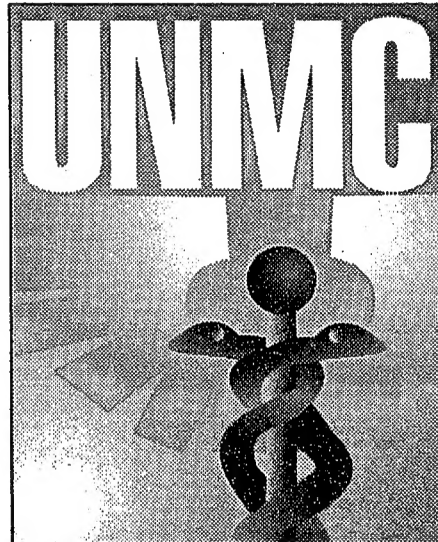
The classes will be taught by various Med Center doctors, and each night a different topic will be discussed. The program will cover cell structure, cancer research, genetic and environmental factors affecting cancer, diagnosis and treatment of the

disease, cancer therapy and the preventive steps a person can take to protect themselves against the disease.

Best of all, there are no tests or homework given during the course. The program is strictly voluntary, and it is designed to give the general public an opportunity to be better informed about cancer and to clear up some major misconceptions about the disease, Kock said.

The Med Center plans to offer this program again in the future, with different topics and issues to be discussed. Kock said the other topics would be determined by the public's response and by recommendations from the public.

The classes will be held Wednesday evenings from 7 p.m. to 8:30 p.m. at the Med Center's College of Nursing in the Cooper Auditorium. The classes begin Sept. 20 and end Oct. 25. On the last day of classes, a small graduation ceremony will be held, where diplomas will be handed out to students. There is no tuition and parking is free but seating is limited. Anyone interested in attending the Mini-Medical School can call 559-4353 to register.



Cancer Treatment at Med Center Ranked Near Tops in the Country

By Chad Collins

Medical science has made great lengths in attempting to overcome death, a word that in the past had been synonymous with cancer. Up until recently, cancer had been the winner.

However, many steps, such as treatment using radiation therapy, chemotherapy, use of drugs targeting proliferating cells and transplantations of various kinds have been used in the battle against cancer.

The University of Nebraska Medical Center was named one of the best cancer hospitals of 1995 in the July 24 issue of *U.S. News and World Report*. Named as a leader in the field of cancer research and oncology, the Med Center was ranked 21st nationally.

The results of the Med Center's ranking was taken from a survey gathered by *U.S. News* with the help of the National Opinion Research Center.

Rankings were obtained by considering a number of factors, including reputational score, cancer mortality rate, a technology score and others. An index in the issue determined the overall ranking of the hospitals, 100 being the highest, belonging to Memorial Sloan-Kettering Cancer Institute, in New York, N.Y. The Med Center received an index score of 15.9 but beat

Sloan-Kettering in the technology score, having a score of 10 out of 12, while Sloan-Kettering had nine.

In recent months, the Med Center has developed a drug that destroys cancerous cells but leaves normal cells unharmed. Dr. Anne Kessinger of the Med Center is said to be one of the pilots of the anti-cancer fight.

"Dr. Kessinger has been a major leader in the ongoing research on anti-sense therapy," said Tom O'Connor, of the Med Center's public affairs department.

Research on the anti-cancer drug has proved that the drug blocks the p53 gene in cancerous cells, causing those cells to die. It acts as a poison to cancerous cells but leaves normal cells alone.

Besides drug treatment, the Med Center is also the world leader in peripheral stem cell transplantation.

O'Connor said stem cell transplantation is used in combination with radiation to battle cancer within the bone marrow. The stem cells act as a sort of rebuilding mechanism to replace and restore the bone marrow. The stem cell transplantation takes about two weeks, at four-hour time periods everyday. Unlike bone marrow transplants, where the patient needs to be operated on,

stem cell transplantation allows the patient to remain awake and to avoid the extreme pain from a transplant. In addition, the patient can also go home after the stem cell transplantation.

In the future, the Med Center is planning for a new research and cooperative care center. The name of the potential building will be the Lied Transplant Center.

The Center will focus on educating the family members of transplant patients. The family member, picked by the patient, will help by providing support with daily activities and assistance in self-medication. They will also assist in patient transport and attend educational sessions that the center will provide.

The benefits of this future center reduce the cost to the patient and raise the level of satisfaction. Cooperative plans are to reduce the stress of the patient, creating a better atmosphere and faster recuperation.

"The Med Center is very optimistic about plans for the future and the research that is happening right now," O'Connor said. "With the resources the Med Center has available, they are doing a great job staying competitive in the fight against sickness."

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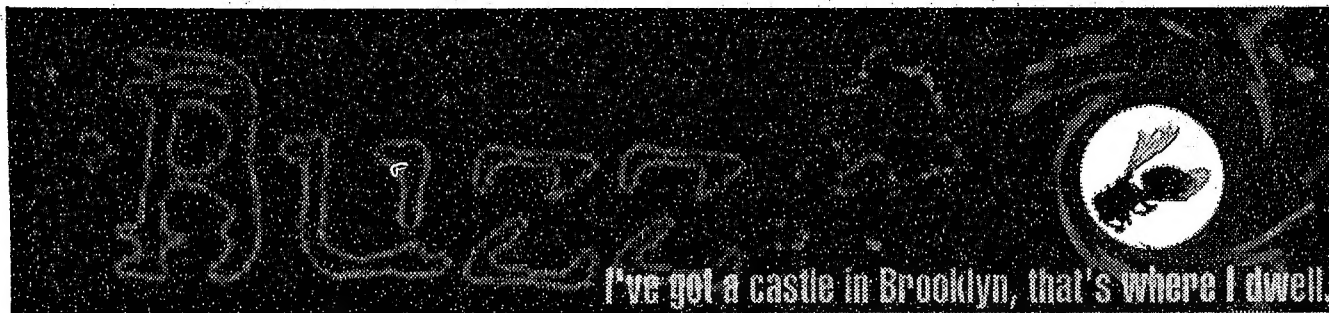
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LITTLE KNOWN VIDEO GUIDE

By Matt Graeve

The first movie this week is a comedy/drama called "The Snapper."

The film, set in Dublin, Ireland is about the daughter of a working-class family who gets pregnant and won't tell who the father is. The parents don't believe it at first, but they take it pretty well. Her younger brothers don't care, and her sisters are happy for her.

The humor in the movie comes from the way the family handles the news. That's the way it stands until the father of the child starts talking. Once people learn who the father is, the fireworks start, and the pregnancy will never be the same.

The movie is the second of Roddy Doyle's "Barrytown Trilogy." The first became known as the movie "The Commitments."

The father is the only actor who remains the same in both movies although it's a different family.

It's not necessary to see "The Commitments" before "The Snapper," but I recommend both movies.

The other movie this week is a story about three Latino brothers who grew up together on the streets of L.A. It's called "Blood In, Blood Out: Bound by Honor."

In the beginning of the movie the brothers are a solid portrayal of a close-knit family.

However, tragedy strikes and tears the family apart. One of the brothers ends up in jail and continues to live the same life that he had on the streets.

He gets involved in the prison's gangs to survive. Another brother goes the opposite direction and becomes a federal agent.

The third brother is a great painter and scrapes together a living through his art. All of their lives become intertwined again, and there's a struggle to keep their brotherhood alive.

This movie is very powerful and emotional. It's well over two hours long, but you won't notice as you watch it because it never drags. This is one of the best gang movies ever made.

And in case you missed it, "Pulp Fiction," the critically acclaimed and Oscar-

Favorite Fox Dramas Back in Full Swing

By Jonathan Murnane

The 1995-96 television season has started. If you tuned in to "Melrose Place" on Monday, you saw that it started with a bang.

"Beverly Hills 90210" had a much smaller, less glamorous return, but it was much more gratifying. If you happened to miss them and need a quick recap, read on.

"Melrose Place"

The thing that surprised me most on this show was that the acting did not suck, well most of it. But this campy show has become a guilty pleasure for a lot of people, especially in our demographic.

If you missed it, the bomb went off. Last season ended with the maniacal Kimberly planting bombs all over Melrose Place. With almost the entire cast looking on, Kimberly let it rip.

Debris flew everywhere and everyone ended up at the hospital. Mackenzie Hart, the wife of the guy that Jane has been sleeping with, was killed. Jane and her beau are having problems with that.

Perpetual loser Alison was blinded, and the doctors can't find any reason why. Billy came to her rescue, but she pushed him away.

The other cliffhanger of last year had Jake falling to the ground with his brother Jess. Jake landed on top. Jess and the bad acting of Dan Cortese are gone. Jo and Jake had an argument over the accidental death.

Dr. Peter Burns came to Kimberly's aid. When she denied ever setting off the bomb, he helped her cope. And then she went psycho on him, but he still said he'd help her.

Now the residents of Melrose Place are being forced to double up in the apartments as half of the complex goes under renovation. In a bold move, Amanda became Sydney's roommate.

"Beverly Hills 90210"

Everything seems to happen on this show over the summer off camera.

Now that we return to the kids in the most famous zip code, we see dorky David after being discarded by Clare. Kelly met her new boyfriend in New York City over the summer, and they apparently became pretty close.

Donna and Ray are still together but haven't taken the plunge yet (read: Donna's still a virgin).

Brandon came back from his internship in Chicago to vixen Valerie, who is still residing in the Walsh home. However, ma and pa Walsh have moved on, to Japan.

After having a huge party to celebrate his leaving, Brandon ended up staying in the house, with Steve and Valerie as his new roommates.

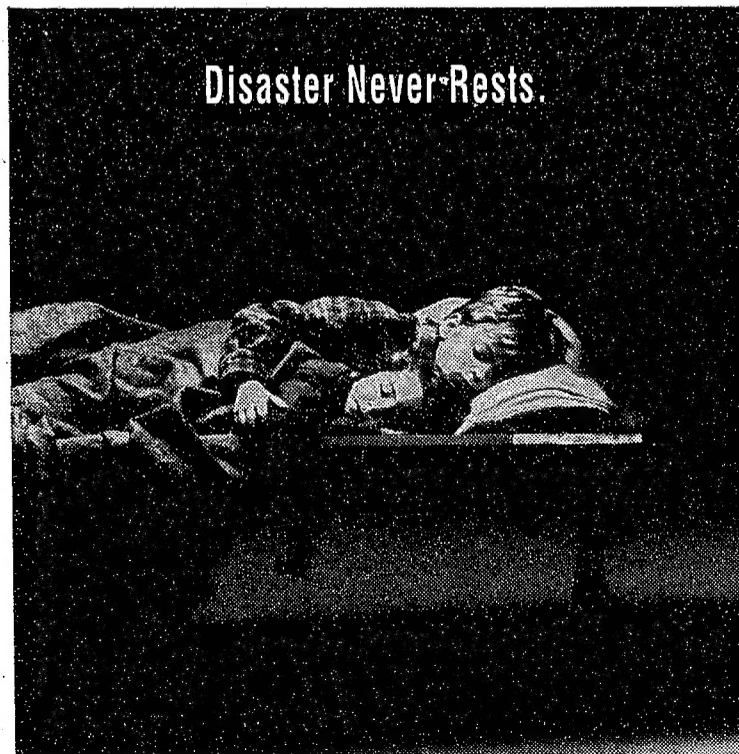
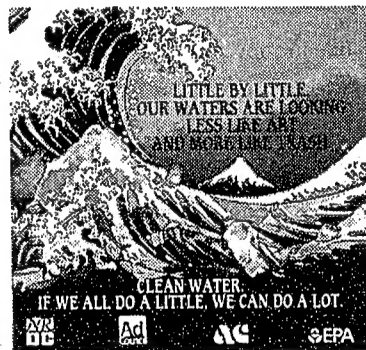
Valerie conned her way into the good graces of everybody by setting up her friend.

Dylan and Brandon both mooned over Kelly, but her heart was with Colin, the New York boy (Mental note: isn't that where Valerie is from? Hmmm).

Donna got drunk and came on to Ray, but he was good enough to not take advantage of her.

Dylan continued his quest to find his father's killer and even came face to face with the man. He had a gun on him but saved his revenge for a later date.

With both these series back in full force, only time will tell how far the good, the bad and the beautiful are willing to go. Tune in next week.



Photographer: Dana Fineman

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New Album Proves Chili Peppers Spice is Sound, Not Lyrics

By Shelly Merrill

If you're hungry for some funky, groovy tunes, the Red Hot Chili Peppers' latest offering won't leave a bad taste in your mouth. However, there are a few songs that might make you go for the Pepto later.

Peppers' latest is "One Hot Minute." This is one band that has definitely earned "alternative" status.

They can rock your socks off with powerful guitars and pounding drums. They play bass reminiscent of the '70s group Chic; funky, with soul and groove.

Somehow they have not only mastered these sounds, but they know how to blend them into musical works of art.

Their CD "Blood Sugar Sex Magik" from a few years back is a great example of their work as not only musicians, but as artists.

All the songs on the new CD are more than listenable. They moved you.

You wouldn't dare utilize the "skip" button on the CD player. After an CD like that, they had a lot to live up to.

For the most part, they succeed.

The Peppers' have the strongest showing when the bass plays heavy in the song, and they blend the power rock sound with rhythm and soul.

The first song on the CD, "Aeroplane", is prime Pepper. A spicy-hot mix that's mighty tasty. It has a twangy edge to it and is quite catchy, a great sing-a-long song.

"Tearjerker" is another heavy-hitter.

A dreamy feeling song, similar to the Smashing Pumpkins' work on "Siamese

Dream." It doesn't copy the sound, it mixes into the blend of other Pepper sounds to become a lively musical dish. A great song to listen to as your mind wanders on long drives.

"Walkabout" moves and grooves, the bass works it's magic in this one.

To avoid an upset stomach, avoid "Pea."

The acoustic guitar is great, powerful and moving. However, it is soon replaced with silly lyrics seasoned heavily with foul

language. The idea behind the lyrics is lost behind the harsh tones, and the song loses all it's credibility. A possible attempt at the Nine Inch Nails dejected, angry sound, this song fails miserably.

Some listeners may lose their lunch over "Shallow Be Thy Name" and it's anti-reli-

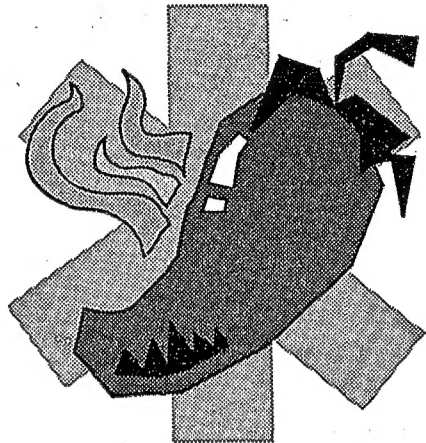
gious tone.

The song has no real depth in its sound or lyrics.

It seems they are trying to project hatred at something again, but it can't be taken seriously.

The Peppers' strength is in their sound, not their song writing. A message that you would like to convey to your listeners does not become valid because it is shouted.

As a whole, the CD "One Hot Minute" is a great meal, but leave the undercooked parts for your dog to consume.



SIEMERING HOT REVIEWS

By Al Siemering

Welcome to Siemering Hot Reviews — a place to find out what good rock shows are coming up, what happened last weekend, and what CDs, tapes and vinyl to buy.

I write mostly about the local rock-music scene. I like metal and punk, but I also listen to alternative, classic rock, and oldies.

TURTLE MOON — "WATER"

I'm 47 years old. My first 45 was Jerry Lee Lewis' "Great Balls of Fire." My latest CD is Turtle Moon's "Water."

And let me tell you, it's very good!

These four guys: Scott Joachim, vocals and acoustic guitar; Dan Dwyer, lead guitar; Scott Hedrick, bass; and Pat Rejda, drums, are some of the most sincere and caring guys you'd ever want to meet.

Its first CD, "Higher Orbit" went over big with its fans, but I thought it was too uneven to make it big.

"Water" is a class act. It's an hour long, with excellent production by Eclipse Studios.

Most of the songs are catchy pop tunes with heartfelt lyrics by Scott Joachim.

He's the focal point of the band, but the other three are also very talented.

Turtle Moon's album release party was at the Ranch Bowl on Aug. 11, and the place was packed. People had to be turned away after 450 showed up.

The band sold 190 copies that night. The opening bands were Blaster and Piece of Mind, both good up-and-coming bands.

I predict a bright future for Turtle Moon.

If a record company doesn't latch on to the band after hearing "Doormat" or "Minor Ways," I'll be surprised.

Catch Turtle Moon soon, or buy a copy of "Water"—I highly recommend it.

THE MUFFS / LUNACHICKS

Ranch Bowl September 7

Lunachicks are four tough-looking



From left, Ronnie Barnett, Kim Shattuck and Roy McDonald are The Muffs.

women—one dressed as a maid, the others as biker chicks and street walkers.

The music was tough, too: hard-rock with a punk edge.

And the audience was tough. It was an interesting evening. The crowd really loved these "ladies."

Then came The Muffs, with two guys and a girl.

They were also hard-rockin', but they played a short set, cut off abruptly when the female singer/guitarist kicked over her amp, threw down her guitar and left the stage.

The crowd was disappointed and so was I. It's a good thing the tickets were only six bucks!

COMING UP

*Step Child Friday and Saturday at the 1010 Club, 110 S. 29th St. in Council Bluffs. Good classic and new hard rock.

*Ice Former members of glam-metal band Ransom, Friday and Saturday at Leopard Lanes, 601 Chateau Dr. in Bellevue. No cover charge!

*Ugly Kid Joe with Soul at Zero, Monday at the Ranch Bowl, 1600 S. 72nd St. Tickets are \$7.00 in advance.

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Sloppy Joes
\$1.00 Busch Bottles, \$1.95 Imports
Pickle Card Happy Hour 4:30 to 7:00

Tuesday
South of the Border Night
\$1.00 Margaritas, \$2 Jose Cuervo Shots
49¢ Tacos
\$1.00 Domestic Pints 4-Close

Wednesday
College Night
(Show College I.D.)
\$1.25 well drinks, \$1.50 domestic bottles
\$1.50 chips & salsa
Pickle Card Happy Hour 4:30 to 7:00
Live Music Provided By: Win Lander
\$2.00 Samuel Adams
\$1.50 Red Dog, Wheel Spin

Thursday
\$1.00 Domestic Pints All Day

Friday
Pickle Card Happy Hour 4:30 to 7:00

Saturday
Football Saturday From Open to Close
Hot Dogs, Chips & Salsa Specials
Nebraska Football on the Radio
Spin the Wheel Every Husker Score!!!
Special Prices on Red Drinks during Husker Game
11am - 10pm: 50¢ Domestic Drinks
Ladies Night: 5-Close
\$1.50 domestic bottles, well drinks, margaritas

Sunday
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\$1.00 drinks all day
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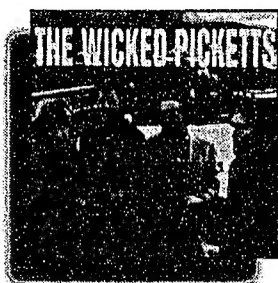
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ROCK

THE PICKETTS
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Seattle rockers who have carved out regional followings in the Northwest, California & Texas. The Picketts mix the honky-tonk sounds of early rock with modern spirit & sensibility.



ALTERNATIVE

SUPERSUCKERS
Sacrilicious Sounds

\$11.88 CDs \$8.88 TP

The Supersuckers are not only our best live band, but one of the greatest "party-rock" bands of all time. With the spirit of Sub Pop bands of yore, the Supersuckers vigor, irreverence, and melodic clarity puts the current crop of "punk revivalists" and emo-metal wankers to shame.



PUNK

RANCID
And Out Come The Wolves

\$11.88 CDs \$8.88 TP

Coming from San Francisco's East Bay, Rancid's unique brand of punk rock quickly won a devoted fanbase and critical acclaim. "And Out Come The Wolves" combines, for the first time, the bands ska influences, punk roots, and uncanny pop instincts.

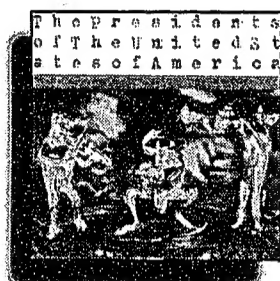


ROCK

MOTHER MAY I
Splitsville

\$8.88 CDs \$5.88 TP

Mother May I's driving, crunching live shows have been witnessed nationwide in fall/winter '94 on a national tour opening for Sponge and summer '94 dates with The Judybats. These shows have garnered Mother May I a growing following and a whole pile of glowing reviews.



ALTERNATIVE

THE PRESIDENTS OF THE UNITED STATES OF AMERICA
The Presidents of the United States of America

\$8.88 CDs \$5.88 TP

This three-piece band is also known for its lyrics...songs about kitties, froggies, monkeys, peaches and dune buggies. Pretty politically charged stuff.



ROCK

DANDELION
Dyslexicon

\$8.88 CDs \$5.88 TP

"Dyslexicon" is Dandelion's second album on Ruffhouse/Columbia. It is a driving, aggressively tuneful album filled with abrasive guitar riffs and catchy hook-filled harmonies.



ALTERNATIVE

DAG
Righteous

\$8.88 CDs \$5.88 TP

Don't be the last one to find out why VIBE magazine says, "Dag's debut album, 'Righteous,' is definitely some of the most ass-grinding grooves you've heard since back in the day. One of the best funk records since 1978."



URBAN/JAZZ

BROOKLYN FUNK ESSENTIALS
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\$11.88 CDs \$8.88 TP

Brooklyn Funk Essentials take their ethos from the Big Apple's rich and vibrant musical past and fuse it with an unwavering street sensibility that's all the way live in the nine five. It's an extraordinary and exciting merging of a host of musical styles, all rooted in rhythms and spirit, and all cool and steady and easy.



ALTERNATIVE

SUN 60
Headjoy

\$11.88 CDs \$8.88 TP

With their first two albums, the self-titled "Sun 60" and its follow-up, "Only," Sun 60 earned themselves a place in the hearts and ears of consumers, retailers, radio programmers and critics alike. With "Headjoy," Sun 60 have recorded their most vibrant and cutting-edge work to date.



ALTERNATIVE

HEATHER NOVA
Oyster

\$11.88 CDs \$8.88 TP

Girl-child raised on the waters of Bermuda. Family left the land and lived on a boat. She comes ashore to the Rhode Island School of Design after years on the water. She studies painting and film, creating her own musical landscapes.



ADULT ALTERNATIVE

VANESSA DAOU
Zipless

\$11.88 CDs \$8.88 TP

Marking the solo debut of singer Vanessa Daou, "Zipless" melds Vanessa's ethereal voice (which Paper calls "otherworldly perhaps that of a mermaid") with erotic poetry of provocative author Erica Jong (who wrote the '70's classic on female sexuality, *Fear Of Flying*).

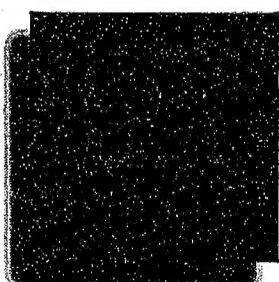


SOUNDTRACK/URBAN

DANGEROUS MINDS
Soundtrack

\$11.88 CDs \$8.88 TP

With Jodeci's DeVante Swing as executive producer, the album features some of today's hottest R&B and Rap acts, including new songs from Coolio, Rappin' 4 Tay, Craig Mack, Aaron Hall, and DeVante (making his solo debut).

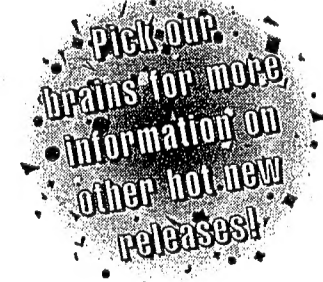


COUNTRY

JIM LAUDERDALE
Every Second Counts

\$11.88 CDs \$8.88 TP

Lauderdale has been lauded in every magazine from People to Rolling Stone to CMJ. An ambitious and multi-faceted album from an artist just beginning to reach the peak of his powers, "Every Second Counts" will continue to convert listeners into loyal fans.



ROCK/POP/SOUL

THE BLAZERS
East Side Soul

\$11.88 CDs \$8.88 TP

East L.A. rockers, The Blazers, return with a bar-blasting vengeance. They are known for the same earthy mix of roots rock & Latino culture that helped their friends Los Lobos become a national treasure.



ROCK/COUNTRY

THE DELEVANTES
Long About That Time

\$11.88 CDs \$8.88 TP

Brothers Bob and Mike Delevante combine a fresh blend of American roots rock and country that features intelligent, hook-filled songs played with enormous energy and sung in delicious sibling harmony.

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2711 South 48th St.

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- **Council Bluffs**
1730 Madison Ave.



Sports

Strong Pitching, Batting Propels Lady Mavs Past Alumni, 11-0

By Tony Reinke

Claussen-Westgate Field lit up for the first time last Wednesday night as the 1995 edition of the Lady Mavs softball team launched into preseason action with the annual Alumni game.

The Mavs used an aluminum arsenal attack and a strong pitching performance from two key pitchers to defeat the veterans 11-0.

Mav pitcher Denise Peterson commanded her control en route to four innings of scoreless pitching. The senior from Valley, Neb., threw nearly four innings of no-hit ball until Amy Phalen-Olsbo broke that string with a hit to center field.

Of the 29 pitches Peterson threw in the first three innings, 18 were for strikes.

"Even though it is tough to measure her in the alumni game, she hit her spots well," Yori said.

Peterson pitched the first four innings of the seven inning exhibition game. She staked out four batters and allowed just one hit to the 13 batters she faced.

"I started out all right," Peterson said. "I just tried to stay relaxed and focused."

Freshman Jenelle Negrete closed the game for the Mavs on the mound. The Ralston native allowed just one hit in the final three innings including two strikeouts.

Yori said Negrete's success will be detrimental to the Mavs' pitching staff. Only one of last year's pitchers played in more than 30

innings (Peterson), a definite disadvantage for UNO coming into the season.

Offensively, the Mavs wasted no daylight taking a quick 2-0 advantage in the first inning, and it was all down hill for the alumni from there. Outfielder Laura Adams drove in four runs on three hits for UNO. Her bases-loaded double in the fourth inning was the final nail in the coffin for the alumni team and gave the Mavs a charging 6-0 advantage.

"(Adams) is a solid hitter," Yori said about the Papillion native. "She played behind seniors last year, but now she's ready to make a difference."

One Mav to watch is junior Jennifer Upenieks. The outfielder had two hits in the game including an in-the-park home run, sparked by two costly alumni errors.

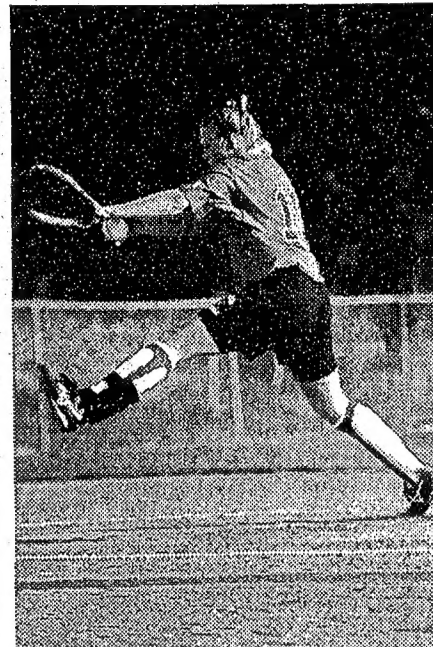
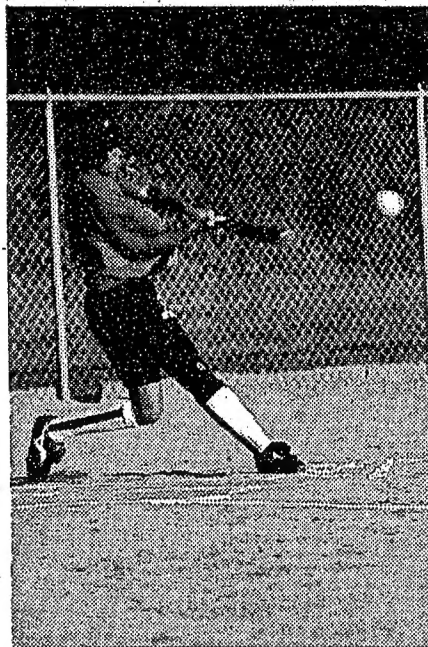
Mav fans may remember Upenieks from last season. She hit .377 with a team-high six triples. Yori said that she possesses great talent at the plate, in the field and on the base paths.

Clean-up hitter Holly Voss went a perfect 3-3 in the game. The junior collected a total of 14 bases and scored twice.

Overall, Yori is optimistic about the team, and said it will build on its 1994 record of 39-18.

Game notes...

*Coach Yori utilized the game to test all



—S. R. Kemper

Holly Voss, left, went 3-3 with 2 runs in the Lady Mavs' 11-0 victory. DeAnn Hanisch, right, is one of the Lady Mavs pitchers.

three of her pitchers. Peterson and Negrete threw for UNO, and sophomore DeAnn Hanisch pitched for the alumni. Yori said that Hanisch had the more difficult task of taming the UNO offense.

*Lady Mav Jess Barrineau was noticeably absent from the game. Just three hours before the game she underwent surgery to correct a torn ACL (anterior crucial ligament) and meniscus. Both are located on the same leg. According to her live-in father, Tim Adams, she will be out of softball for the next four

months.

The injury occurred just one week ago. She had been bothered by the same knee throughout high school and did not take the pain seriously until it tore.

Two hours after the surgery, Barrineau spoke to a *Gateway* reporter from Methodist hospital in Omaha and confirmed that the operation was successful.

*Yori will add another player to the UNO roster this week. Rachel Page, a utility player, will join the team.

Softball Stats

| UNO | AB | R | H | BI |
|-------------|----|----|----|----|
| Novak 2B | 4 | 1 | 2 | 0 |
| Upenieks of | 3 | 3 | 3 | 2 |
| Hahne 3b | 2 | 3 | 1 | 1 |
| Voss 1b | 3 | 2 | 3 | 1 |
| Adams of | 4 | 0 | 3 | 4 |
| Grothwt c | 1 | 1 | 1 | 1 |
| Foster ss | 2 | 1 | 0 | 0 |
| Wrdhm of | 2 | 0 | 0 | 0 |
| Leaders d | 4 | 0 | 0 | 0 |
| Siernek dh | 0 | 0 | 0 | 2 |
| team | 25 | 11 | 13 | 11 |

| | | |
|------|----------|----|
| Alum | 0000000- | 0 |
| UNO | 200405x- | 11 |

UNO Game winning RBI: Adams, 2B; Hahne, 1; Voss, 1; Adams, 1.

Pitching

| UNO | IP | H | R | K |
|--------------|----|----|---|---|
| Peterson W 4 | 1 | 0 | 4 | |
| Negrete | 3 | 1 | 0 | 2 |
| Alum | | | | |
| Hanisch L | 4 | 10 | 6 | 0 |
| Amy Pick | 2 | 3 | 5 | 0 |

*note: Hanisch pitched for the Alumni although she is a current member of the Lady Mavs.

Sideline

Softball Tournament

The UNO softball team has teamed up with Sears for the UNO-Sears Softball Classic. The event, scheduled for Sept. 23 and 24, will include eight teams.

The Mavericks play three times on the 23rd. They begin the tournament with the University of South Dakota (10:45 a.m.) then Augustana (2:15 p.m.), and finally with Dana (4 p.m.).

Playoffs and finals are on the following day.

The event, which will take place at Seymour Smith field, cost \$2 for adults (w/Sears coupon) and \$1 for kids (w/Sears coupon).

Football team ranked in preseason

The 1995 preseason NCC School Newspaper Poll ranked the Mavs at No. 10. North Dakota (76 points), North Dakota State (73), Mankato State (66), Northern Colorado (50) and South Dakota State (49) round out the top five teams.

The poll, which is voted on by each of the 10 NCC school sports editors, is one of the first of its kind.

Editors were not allowed to vote for their own schools.

UNO inducts four to Hall

Sports Information Director Gary Anderson announced last Tuesday that four UNO athletes have been named to the UNO Athletic Hall of Fame. Dom Polifrone, a football standout, was named to the 1969 all-NATA all-American team. The linebacker had 149 tackles in his final two seasons with the Mavs.

Becky Wilson Kapperman, a track star, was a two-time all-American in 1982-85. While at UNO she won 9 NCC titles and was a on the 4x400 relay team, which placed fifth in 1984. Kapperman holds 14 school records and is a native of Columbus, Neb.

Lori Schutte Schaal, a volleyball star in 1984-87, won four letters and helped the Lady Mavs to three Final Four appearances. She holds school records for hitting percentages for a season and career. Schaal was the UNO female athlete of the year in 1987-88.

Mark Manning, a wrestling standout, won two national titles and three all-American honors. He is third on the UNO list with 121 career wins. Manning won two NCC titles and one NCAA II title.

The athletes will be honored at the Holiday Inn Convention Center on Nov. 8. Tickets are \$30 and may be reserved by calling the Athletic Department at 554-2305.

UNO sports this week

The Lady Mavs volleyball team takes a 4-4 record in against South Dakota on Friday (7 p.m.) and to Morningside on Saturday (6 p.m.). Both games are at the UNO Fieldhouse.

The cross country team runs to Lincoln at 10 a.m.

Maverick football tackles Mankato State in Minnesota on Saturday (6 p.m.), and the Lady Mavs softball team takes on the Huskers in Lincoln (6 p.m.).

Sparky Sez



UNK Spoils Home Opener for Lady Mavs

By Dave Mollner

The 1995 home opener for the No. 15-ranked Lady Mavs Volleyball team Tuesday night brought in another nationally ranked opponent that came with guns loaded.

The Lady Lopers of the University of Nebraska at Kearney, ranked No. 8 in NCAA Division II, put UNO away 15-9, 5-15, 15-12 and 15-12 before a crowd of 300 in the UNO Fieldhouse. UNO fell to 4-4 on the year as UNK moved to 9-1.

Pulling the trigger for UNK was junior right-side hitter Missy Obermier, who nailed down 14 kills, 4 serve aces and 7 digs in the match.

For Lady Mavs Head Coach Rose Shires, ineffective passing and serves had her team playing catch up throughout most of the match.

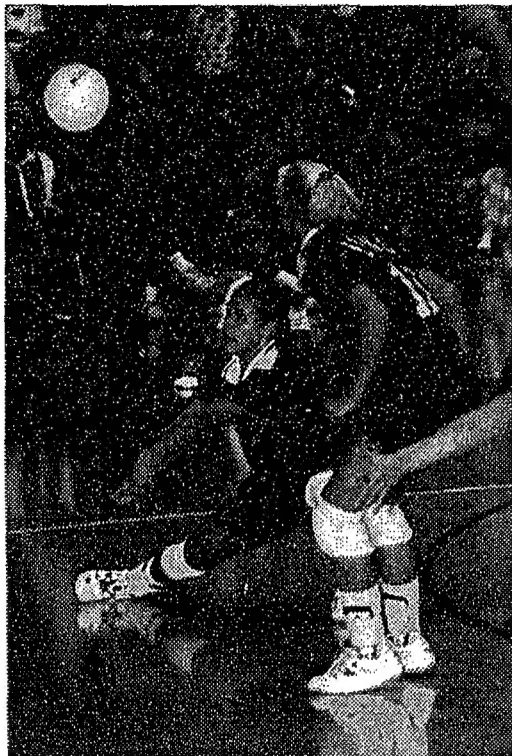
"We served the ball very poorly tonight," Shires said. "And as far passing, we didn't handle the ball very well either."

On the Lady Mavs' side of the net, the play of sophomore Erin Shafer kept UNO within striking distance through most of the match. Shafer, 5'9" outside hitter from Colorado Springs, Colo., accounted for 17 kills, 5 service aces, 12 digs and 3 blocks.

During game two the Lady Mavs dominated both offensively and defensively but couldn't put successful games back-to-back. UNO pounded out a .522 hitting efficiency and handled UNK 15-5.

"Denise (Otten) and Amy (Steffel) took care of the ball well at the net and they got hot in game two," Shires said. "But we still lacked in that area late in the match."

Mav Notes:

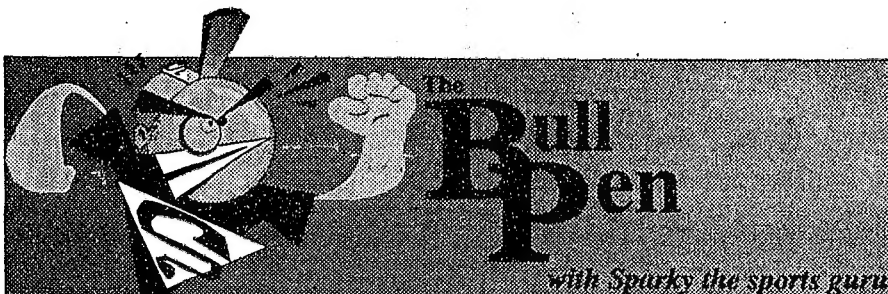


—Dave Mollner

Sophomore Tanya Cate, left, bumps senior Denise Otten in Tuesday's match against UNK.

Lady Mavs setter Amy Steffel, 5'7" from Maplewood, Minn., added another 36 set assists to her career total at UNO. She ranks third on UNO's all-time set assists record. Steffel spiked 7 kills and 15 digs in the match against UNK.

UNO sophomore Tanya Cate, a 5'10" outside hitter from Yutan, Neb., accounted for 7 kills, 8 digs and 2 blocks in the match.



Dear Sparky,

You are absolutely right. On Sunday there were 13 articles on the UNL game, including one on alums gathering for the game in Michigan. Of course, we had our token coverage—one article continued in the next section. And the Phillips and Benning fiascos will only make it worse. The KMTV post football news last evening spent the first 10 minutes discussing the important issues of the day—UNL football and how do the fans feel about recent developments.

News about NATO air strikes just aren't important.

Lou Pol
UNO Faculty

Sparky,

I'm finally glad to see someone in a position to be heard stand up and actually utter a positive suggestion in favor of the Mavs. Your September 12 article in "Talking Bull" was right on. The Mavs are forced, expected, and have unfortunately accepted, being second fiddle to the Huskers. Granted the Huskers are the National Champs, but whatever happened to rooting for the HOME team. The Mavericks have to endure small time coverage in the *World-Herald* but not in their own school newspaper, and thanks to Sparky they now have an alternative. But even in the "Bull Pen" students write in criticizing the Mavericks, and though it is their constitutional right to do so, I feel some have been crass and just plain tacky. How can we expect our team to go out every Saturday and play their hearts out for a school full of doubters.

Kristie Huff
UNO Cheerleader

Dear Sparky:

It's about time — UNO is long overdue for a hockey team. There is no reason why the city of Omaha has to go nuts like it does over a bunch of high school hockey players who call themselves "Lancers." Let's see some real hockey and get a real sport going for once. UNO has the numbers and the capability to get a hockey program going. In addition, it seems like the athletic department has settled down (hopefully), and the coaches and A.D. are here to stay — now it's time to get down to business. Both the football and basketball teams have what it takes to win and with a hockey team in the future, who knows, UNO students might get off their rumps and start going to games again... stranger things have happened.

Karen Wellman
UNO Parent

Sparky,

The Huskers are National Champions and deserve the coverage they receive in the local and national media. Back in the day of Coach Cardwell, the Omaha University Indians escaped with a 7-6 victory over Eastern Kentucky State in the 1955 Tangerine Bowl.

When a team plays at a certain level year after year and their fan base grows to that of the Huskers, national attention and bowl appearances are the rewards.

So aren't Maverick fans expecting free handouts instead of playing for them?

Moates Kreigler
Omaha, Neb.

Lady Mavs Determined to Hoop It Up

By Dave Mollner

Before the 1995 Lady Mavs Basketball team pushes the ball up the floor this season, UNO Head Coach Cherri Mankenberg's preseason conditioning program requires them pushing up the weights first.

When the Lady Mavs rebound from hot summer days and the break from school, they know they have a tradition to carry on when preseason training arrives with the start of fall.

A traditional one-half mile run, that is.

"We think they need to get back in the groove after summer," Mankenberg said. "This year most of our athletes came back in good shape, and we're excited about their preseason efforts so far."

Every season starts with a 6:30 a.m. team run around the track at Alf Caniglia Field, in which the players are given 12 minutes to finish the run.

Preseason conditioning also runs through the weight room until the official start of practice, which begins Oct. 15 for all NCAA Division II basketball. This 11-week strength program focuses on specific training to help increase both power and speed. They are in the weight room every Monday, Wednesday and Friday working out in partners, who assist as spotters on lifts such as squats, dumbbell incline presses and barbell curls. The players run quick, short sprints after strength training sessions to help increase both foot speed and quickness.

In charge of pumping the Lady Mavs into shape this year is former Lady Mav Athlete of the Year Sandy Skradski. Skradski, the all-time leading rebounder in the North Central Conference, is in her third year as an assistant coach on Mankenberg's staff.

"We're working on strength training three days a week to improve not only their speed on the court but also in their performance testing," Skradski said. "On Tuesdays and Thursdays we put them through plyometrics to help them increase their vertical jumping as well."

Plyometrics are performed by jumping on and off raised platforms, which help condition the muscles used for rebounding, blocking shots and other basketball skills. The team's overall progress is measured by its performance on three different tests: speed, agility and vertical jump.

Another key ingredient in Mankenberg's preseason conditioning recipe is found at the Student Center training table. Twice a week a team dinner is served up after practice, in which this year the Lady Mavs are no longer dining alone.

"Last year we tried it by ourselves. This season we're eating with the men's team," Skradski said. "I think it's worked out really well with the players, and we know they're at least getting two good meals after practices every week."

Although this 11-week "athletic boot

camp" pushes these athletes close to exhaustion, the players said the price they pay in the preseason will return big dividends come Oct. 15.

"Everyone is working really hard in here this year," junior guard Amy Loth said. "We're determined to get stronger. We're determined to get better."

Some new talent has the Lady Mavs on a fast break to improve on last year's season, such as freshmen recruits Jill Ohm and Kayla Lettman.

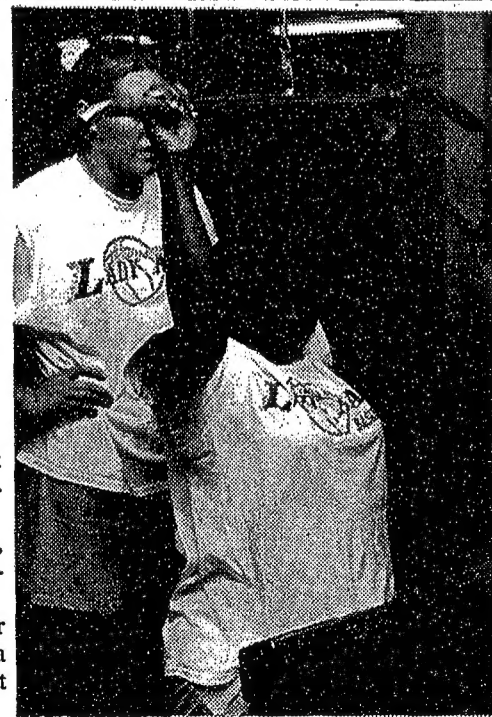
Ohm, a 5'11" guard from Lamars, Iowa, looks to play some quality minutes in this year's rotation.

"Jill's a great outside shooter for height," Mankenberg said. "She's a great athlete who's biting at the bit start playing at this level."

On Lettman, a 5'7" point guard from Springfield-Platteview (Neb.), Mankenberg said she's anxious for Lettman to compete in the NCC.

"Michelle's an athlete who's having a great preseason and needs to play against other athletes at this level to bring out her better game."

For Mankenberg, who's starting her 20th season at the helm of the Lady Mavs basketball program with 300-plus wins and counting, she said this is an exciting time for not only Lady Mavs basketball but for the entire



—Dave Mollner

Senior Dennie Young, right, pumps iron as sophomore Tammy Braver, left, spots her.

Women's Athletic program.

"With (Don) Leahy back as Athletic Director and Assistant A.D. Connie Claussen working side-by-side to improve the UNO athletic environment, not only on campus but throughout the Omaha-Metro area, this season's looking better already."

College Football Guide to Bowls, Drafts and the Heisman

From College Press Service

Another college football season is beginning. And like most seasons, there's no telling what could happen by the time post-season play rolls around. Here are some fun facts about the 1995 season:

Bowled Over

Despite their No. 1 ranking at the end of last season, not everyone was convinced that Nebraska deserved the national title. In fact, many Penn State fans still have a hard time accepting that despite a perfect record, the Nittany Lions could muster no better than No. 2 in the polls.

All fans agree that the best way to settle the score would have been to have the two teams meet on the field. But since the Big Ten champion is locked into the Rose Bowl, the dream match-up was impossible.

Now, however, there is some talk that the prestigious Rose Bowl may one day join the Bowl Alliance.

For the next three years, Bowl Alliance members—the Fiesta, Orange and Sugar bowls—will take turns inviting the top two teams in the nation to play for the top ranking. The other bowls will pit the third-ranked team against No. 4 and the fifth-ranked team against No. 6. But after 1998, who knows?

Both Big Ten and Pac-10 officials have indicated that they will take a look at the Rose Bowl arrangement between now and then, and could enter into the Bowl Alliance by the end of the century.

Miami Papa Joe?

Before the University of Miami hired former Dallas Cowboys defensive coordinator Butch Davis to be their head football coach, school officials say they put a line out for Penn State legend Joe Paterno. And surprisingly enough, the Penn State coach—the same one who once called Miami “a sideshow of bully tactics, thuggery and goonery,”—says he actually considered the offer.

“I slept on it because it was flattering,” Paterno told the New York Daily News. “To have a new challenge in my life, at this stage of my life, made it worth considering.”

But Paterno decided to stay put. “If I went down there, it would really be rubbing sand in the wound,” he said. “It wouldn't be fair to some of the kids on the team who had gone there to play a certain style of football, which is certainly not Joe Paterno's style. I'm sure some of those kids down there wouldn't care much for me.”

Top Draft Picks

When the NFL draft is held each spring, many schools view the occasion as a source of pride. After all, every first-round pick becomes another boast to be used to lure in prospective students.

With this year's draft, the schools with the most bragging rights are USC and Notre Dame, who have each had 54 players drafted in the first round of the NFL's big day. Ohio State is close behind with 44 players, and Michigan State and Michigan round out the top five with 30 players each.

Tough Luck

Michigan State has the toughest schedule in college football this year, facing opponents who had a combined record of 72-45-5 last season, according to rankings in the NCAA News.

Surprisingly, the Temple Owls, who finished 2-9 last season, have the second toughest schedule, facing Kansas State, West Virginia, Penn State, Syracuse, Miami and Boston College in a seven-week stretch.

Colorado will face the third toughest set of foes, with Florida State, Louisiana State, Alabama, North Carolina, Michigan, Northwestern and Miami rounding out the top 10. Nebraska, last year's national champion,

has the 46th toughest schedule, while Penn State, the nation's only other undefeated team, ranks 34th.

Message Board

After Sports Illustrated—with the cover headline “Miami Should Drop Football”—suggested that the only way to clean up Miami University's football program was to kill it, shirts with the following message began popping up on the Florida campus: “Miami Illustrated: SI Should Drop Dead.”

Heisman Defense

The Heisman Trophy usually goes to college football's most outstanding player... on offense. But the University of Illinois believes it has a true Heisman contender in linebacker Simeon Rice, who won several games for the Illini last year with his aggressive play. Whether Heisman voters believe Rice is worthy of the trophy remains to be seen.

Other Heisman candidates are Tommie Frazier, Nebraska's quarterback; Leeland McElroy, running back at Texas A&M; Stephen Davis, Auburn running back; Keyshawn Johnson, wide receiver at USC and Ron Powlus, quarterback at Notre Dame.

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1. Standard & Poor's Insurance Rating Analysis, 1995; Lipper Analytical Services, Inc., Lipper-Director's Analytical Data, 1995 (Quarterly). 2. Source: Morningstar, Variable Annuities/Life 4/12/95. 3. Of the 2,358 variable annuity funds tracked by Morningstar, the average fund has annual expenses of 0.78% plus an insurance expense of 1.24%. Source: Morningstar, Inc., for periods ending July 31, 1995. 4. Standard & Poor's Insurance Rating Analysis, 1995.

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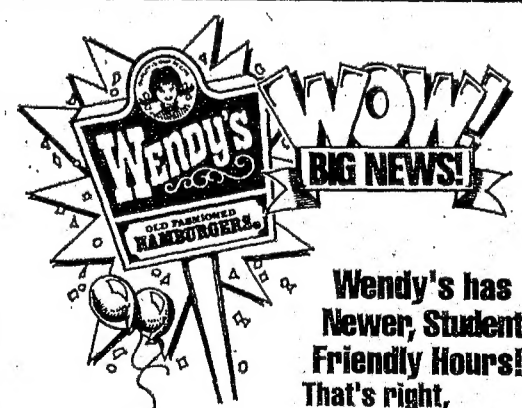
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•From Leader, page 1•

Student Senate member Ian Barnes, who took part on the conference's planning board, said, "I hope to see other people and myself grow in leadership skills so we can help our organizations to become better on campus."

Barnes, who was in charge of getting an opening presenter, said the planning board felt it was important to make the sessions participatory and fun for those who attend. "It's important to get the conference off to a good start," he said, "(and) to get people talking to each other."

The conference has 10 scheduled speakers who are campus and community leaders from in and out of the state. Speakers include Jody Conway, assistant dean for student services at Creighton University; and Bill Ramsey of Bill Ramsey and Associates, an Omaha public relations firm.

Some of the topics that will be covered include Understanding Multicultural Influences, Public Relations for Your Organization and Dealing with Difficult People.

Knudson said that based on current registration about 50 to 75 students should attend, but she said she hopes many more will register.

A fee of \$7.50 will cover a continental breakfast, lunch, T-shirt and all conference materials for each participant. The deadline for registration is Wednesday, Sept. 20 at noon. Registration forms may be picked up at the S.O.L.D. office in the Student Center, where they will be happy to book anyone aboard their leadership.

•From Violence, page 1•

heart rate while they argued. She said this indicated that the men actually became more controlled as they became angry.

Lenaghan said that many people believe that abusers consume alcohol before abusing a victim, but actually 75% of the time alcohol is not consumed. However, greater injury's are associated with alcohol consumption because it brings out a lack of inhibition in the abuser.

Lenaghan said between 20% to 30% of all pregnant women will be battered. She said this is because abusers tend to try to hurt something that is important to the woman. During pregnancy her unborn child is the most important thing to her. Women who are battered have twice as many miscarriages as women who are not.

The Conference was sponsored by Continuing Nursing Education, College of Nursing at the Med Center, the Olson Center for Women's Health, at the Med Center, and UNO's College of Continuing Studies.

The Conference also addressed topics such as Cross-Cultural Medicine, Infertility, Women and Aids, Women and Depression, violence, menopause, exercise, and breast cancer.

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Reward for return of paper bag (Egyptian style design) left in DSC Computer Room on Thursday, September 7. This stuff is worthless to you, but I need it. 341-1476 or 558-6849.

ASH on Fri. Aug. 25 REVO sunglasses: REWARD: \$25.00 call 554-4845

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Advertising for items lost or found on the UNO campus will be published free in the Gateway for two weeks. Forms are available at the Gateway Office located in Annex 26.

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GROUPS/ ORGANIZATIONS

BYOL (Bring your own lunch!) The Public Relations Student Society is meeting Friday, September 22nd at noon, MBSC Council Room. Deb Debuhr, Douglas County State Probation Officer will discuss our new community outreach project. National Drunk Driving Prevention Month (3-D Month in December). All majors welcome. Join the PRSSA, YOUR KEY TO SUCCESS!! Inquiries, Advisor Pendleton, #4845.

You can advertise your campus meeting or event in this space — call or stop by the Gateway for the very special rates. Annex 26. 554-2470.

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